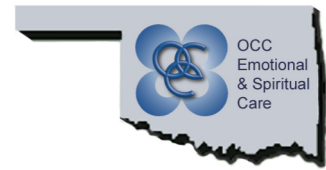
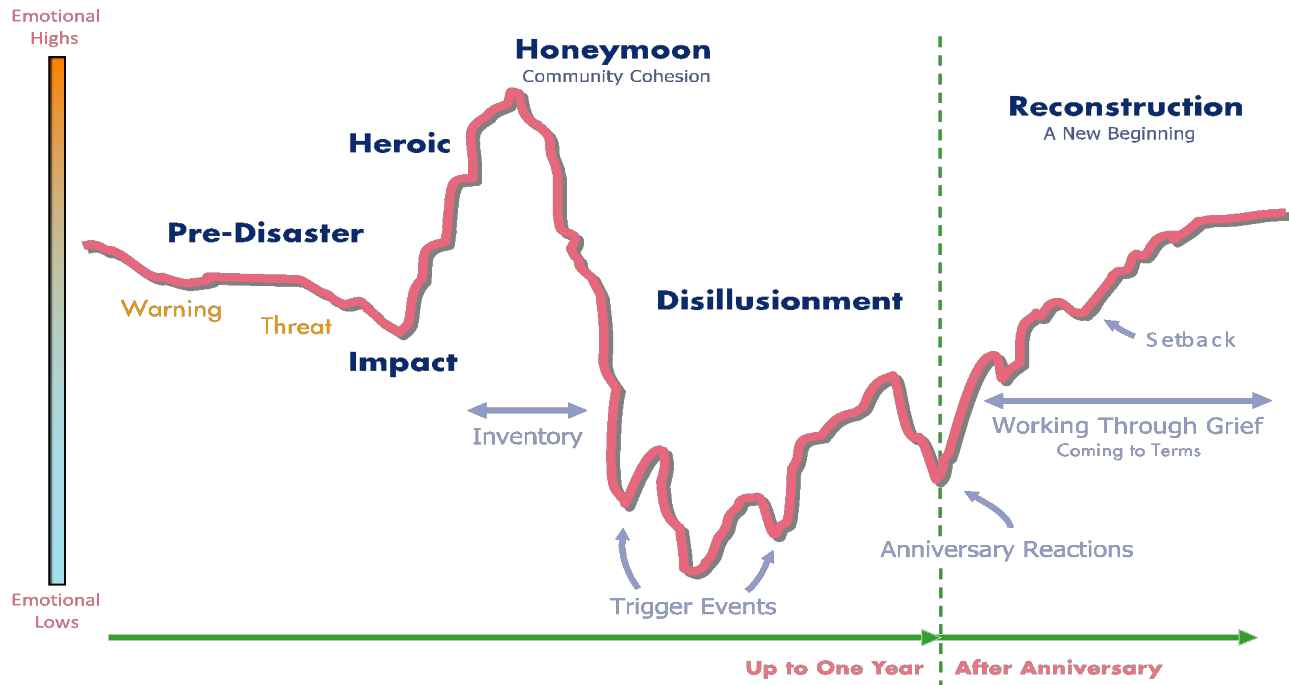


# The Pathway Forward



## Where are you in your storm recovery?



Adapted from Zunin-Meyers<sup>1</sup>

Oklahomans know that disaster recovery can take a long time. Many persons affected by disasters experience a range of emotions, often following a pathway similar to that illustrated above. Identifying where you are along the pathway can provide a sense of normalcy and security as you move forward through recovery and rebuilding.

*The fifteen denominations, 1,500 local congregations, interfaith, and community partners comprising the Oklahoma Conference of Churches want you to know you are not alone. For assistance in finding a local clergy, spiritual care provider, or faith community to walk with you along the pathway through recovery, contact:*

Oklahoma Conference of Churches  
Emotional and Spiritual Care Ministries  
at 405-525-2928 or 405-315-1528  
[www.okchurches.org](http://www.okchurches.org)

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<sup>1</sup>Source: Zunin/Meyers, as cited in U.S. Department of Health and Human Services. (2000). *Training manual for mental health and human service workers in major disasters* (DHHS Publication 90-538). Washington, DC: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services.



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